

Use this section to help you define what your dream and goal is for your business

DEFINE THE DREAM

What is my end goal in my work? What is my finish line?

This is the big picture. I like to always revisit this every year, but this isn't meant to be accomplished in a year. This is the ultimate dream to help guide your decisions as you plan your year.

THE YEAR

Write in the year so you can look back over the years to see how things have changed. You may need more space to answer some of this so do that! Don't the page limit you.

How do you want to feel in one year about your life, your business, etc?

It isn't about resolutions friends, it is about changing where you are now to making the motion to where you want to be and it be realistic within a years time. This can be business, life, health, really anything. It all depends on how you want to use this space.

What four things can you do this year to make strides to accomplish these things?

We want to now think about the year in quarters. Each season contains 3 months which can then be broken up into individual big goals and then each week can have a big goal so think about what you want to change...i.e. open a store...what are the 4 big things things that will make that happen. Write smaller ones along the way because those will start falling into place for the months and week planning.

Spring

Summer

Fall

Winter

SEASON: _____

THE GOAL:

MONTH _____

MONTH _____

MONTH _____

GOAL:

GOAL:

GOAL:

WEEK 1:

WEEK 1:

WEEK 1:

WEEK 2:

WEEK 2:

WEEK 2:

WEEK 3:

WEEK 3:

WEEK 3:

WEEK 4:

WEEK 4:

WEEK 4:

Set a main goal off that season's goal. The goal for each month should get you closer to accomplishing the things you wanted for the season. Then look at that month's goal and decide on the goals for each week. I would suggest going through this season by season as you approach that season because sometimes we can accomplish things ahead of time or fall behind. Plus it keeps your head in planning mode.

SEASON: _____

MONTH: _____

WEEK: _____

THIS WEEK'S GOAL:

MONDAY

TASK 1:

TASK 2:

TASK 3:

(order these in the most important to least important for the day and choose from varying areas of your month of things to get done.)

TUESDAY

TASK 1:

TASK 2:

TASK 3:

WEDNESDAY

TASK 1:

TASK 2:

TASK 3:

THURSDAY

TASK 1:

TASK 2:

TASK 3:

FRIDAY

TASK 1:

TASK 2:

TASK 3:

THE WEEKEND

TASK 1:

TASK 2:

TASK 3:

Same structure for the weekend but letting yourself have two days to conquer things. These don't have to be work related. It just helps to make me feel like I had a successful weekend to have things checked off.

OTHER TASKS

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NOTES